

WATER AEROBICS & LAP SWIM WITH SHELBY CITY PARK



We will start this schedule on Monday August 20 and continue until September 20 at Shelby Aquatic Center. We will move back to Shelby High School Pool on Monday September 24.

Water Aerobics: Deep Water Class

Monday, Wednesday and Thursday- 10:45am- 11:30am; Water Running will be included in class.

Cost: 2.00 per class (city residents) \$3.00 per class (all others).

Water Aerobics: Shallow Water Class

Monday, Wednesday and Thursday- 10:45am-11:30am

Cost: \$2.00 per class (city residents) \$3.00 per class (all others).

Lap Swim: Monday, Wednesday and Thursday-

12:00pm-1:00pm Cost: \$2.00 per time (city residents) \$3.00 per time (all others).

If you have any questions call Shelby City Park at
704-484-6811

Please visit: www.cityofshelby.com/parks

