



Welcome to Shelby Gymnastics at the Park.

The equipment is top-notch for boys and girls. We have a spring floor, uneven bars, low beam, high beam, vault, tumble track, rings, parallel bars, wedges, barrels and a variety of other equipment.

My name is Karan Jones. I am a Certified USA Gymnastics Instructor for over 30 years. Here is the following schedule which will start on September 5th, 2017

Monday

1:15 pm – 2:00 pm Tiny Tots & Mommie and Me
4:00 pm - 5:00 pm Elite

Tuesday

3:30 pm -4:30 pm Beginner
4:30 pm – 5:30 pm Advanced
5:30 pm – 6:15 pm Tiny Tots
6:15 pm – 7:15 pm Novice

Thursday

10:30 pm – 11:15 am Tiny Tots &
Mommie and me
4:00 pm-5:00 pm Intermediate
5:00 pm - 6:00 pm Beginner
6:00 pm – 7:00 pm Elite

I am looking forward to working with your children. My contact number is 704-300-1067 or email me at karanpJones@hotmail.com if you prefer.

The fee is \$40 dollars for the each month. The second child or class is \$35.00 a month.

All checks need to be made out to: Karan Jones